Vision & Voice

a leadership reflection journal

SELF-AWARENESS & IDENTITY

- What values are most important to you as a leader? How do they show up in your actions?
- Describe a time you felt most like a leader—what were you doing, and how did it feel?
- How does your background, identity, or lived experience influence the way you lead?
- What leadership traits come naturally to you? Which ones are more of a stretch?

GROWTH & CHALLENGES

- Reflect on a leadership challenge you've faced. What did you learn about yourself through it?
- What feedback have you received as a leader, and how did you respond to it?
- When have you failed or made a mistake as a leader? How did you grow from that experience?

COLLABORATION & COMMUNICATION

- How do you handle conflict within a team or group setting?
- What makes someone a good team member? How do you contribute to a team's success?
- Describe a time you helped someone feel heard or included—what did you do?

VISION & IMPACT

- What kind of impact do you want to have on your campus, community, or future career?
- Who is a leader you admire and why? What can you apply from their example?
- Imagine your ideal leadership role. What are you doing? Who are you serving?

INTENTIONAL LEADERSHIP PRACTICE

- How do you take care of yourself while supporting others?
- What's one leadership skill you want to build this semester, and how will you do it?
- How does service or civic engagement play a role in your leadership journey?

