

Course Requirements for Health and Physical Education (PK-12)

Pitt ID:

Name:

Advisor:

COMPETENCIES	Cr	Trm	Gr
Writing			
ENG 0101 English Composition	3		
ENG 0102 English Composition	3		
UL Writing	*		
Mathematics			
MATH	3		
MATH	3		

THE HUMAN EXPERIENCE

Arts & Letters (9 credits)			
<i>Must include at least one course in literature, and at least one course in the creative, fine, and performing arts.</i>			
Literature	3		
Arts	3		
EDUC 0255 or 0275	*		
Behavioral, Economic, & Political Sciences (9 credits)			
<i>Courses must be selected from at least two different categories.</i>			
PSY 0101	3		
	3		
	3		
History, Cultures, & Philosophical Inquiry (9 credits)			
<i>At least one history course is required and at least one course from either of the other two categories (Culture or Philosophical Inquiry)</i>			
HIST	3		
	3		
EDUC 0215 English Language Learners (Global)	*		
Physical, Life, & Computational Sciences (9-10 credits)			
<i>Must include one course each in physical sciences and life sciences, one of which must have a laboratory.</i>			
BIOL 0212 A&P I	*		
CHEM 0187 Drugs & Society	*		
	3		
Physical Education (1 credit)			
	*		
First Year Seminar (1 credit)			
FS 0104	1		

* Denotes that the Course is used to satisfy more than one requirement.

Students must earn 120 credits exclusive of development courses such as MATH 0097.

A second course designated as global is required:
Course # and name:

MAJOR	Cr	Trm	Gr
PEDC 0202 Lifeguarding OR PEDC 0110 Fitness Swimming	1		
BIOL 0212/0222 A&P I	4		
CHEM 0187 Drugs & Society	3		
Required Core H-PE Courses			
EXSCI 0108 Nutrition	3		
EXSCI 0204 First Aid/CPR	2		
EXSCI 0225 Functional Human Anatomy	3		
EXSCI 1305 Biomechanics	3		
EXSCI 1306 Exercise Physiology 1	4		
HPRED 0209 Personal Health & Wellness	3		
HPEDU 0102 Current Issues in Community Health	3		
HPEDU 0201 Individual, Team and Recreational Sports	3		
HPEDU 1330 Motor Behavior	3		
HPEDU 1336 Educational Movement Concepts	3		
Education Courses			
EDUC 0204 Intro to Education	3		
EDUC 0215 English Language Learners	3		
EDUC 0220 Special Education Law	3		
EDUC 0235 Instructional Design	3		
EDUC 0255 Children's Literature OR EDUC 0275 Adolescent Literature	3		
EDUC 1302 Assessment Techinques	3		
EDUC 1325 Development of Children with Exceptional Needs	3		
EDUC 1345 Educational Theories & Practices	3		
EDUC 1350 Educational Psychology and Measurement	3		
Admission to program is a pre-requisite for these courses			
EDUC 1301 Instructional Technology	3		
HPEDU 1300 Adaptive Physical Ed.	3		
HPEDU 1321 Methods of Teaching Health	3		
HPEDU 1400 Methods of Teaching Physical Education	3		
EDUC 1451 Capstone: Education	3		
EDUC 1481 Student Teaching	9		
EDUC 1482 Student Teaching Seminar	3		

126 Credits

**Students who begin Fall 2023 are required to take
EDUC 1302.**

**All courses in the major must be completed with a C- or
higher and a 3.0 grade point average must be maintained.**

BS Health and Physical Education 4-Year Plan

First Semester			Second Semester		
EDUC 0204	Intro to Education*	3	CHEM 0187	Drugs & Society	3
ENG 0101	English Composition I	3	ENG 0102	English Composition II	3
FS 0104	First Year Seminar	1	EXSCI 0108	Nutrition	3
Arts Elective		3	HPEDU 0102	Current Issue in Comm. Health	3
MATH	GE Competency	3	MATH	GE Competency	3
PEDC 0202 <i>or</i> PEDC 0110	Lifeguarding (Spring) <i>or</i> Fitness Swimming (Fall)	1	Physical, Life or Computational Science		3
Total Credits		14	Total Credits		18

Third Semester			Fourth Semester		
BIOL 0212/0222	A & P I	4	EDUC 0235	Instructional Design*	3
EXSCI 0204	First Aid/CPR	2	EDUC 1325	Development of Children with Exceptional Needs*	3
EDUC 0220	Special Education Law*	3	EXSCI 0225	Functional Human Anatomy	3
HPRED 0209	Personal Health & Wellness	3	HPEDU 1330	Motor Behavior	3
PSY 0101	Intro to Psychology	3	Behavioral, Economic or Political Science		3
			History Elective		3
Total Credits		16	Total Credits		18

Fifth Semester			**Sixth Semester		
EDUC 0215	English Language Learners	3	EDUC 0255 <i>or</i> 0275	Children's Literature <i>or</i> Adolescent Literature	3
EDUC 1302	Assessment Techniques*	3	EDUC 1301	Instructional Technology	3
EDUC 1345	Ed Theories & Practices*	3	EXSCI 1305	Biomechanics	3
EXSCI 1306	Exercise Physiology	4	HPEDU 1300	Adaptive Physical Education*	3
Behavioral, Economic or Political Science		3	HPEDU 1321	Methods of Teaching Health*	3
			History, Culture or Philosophical Inquiry		3
Total Credits		16	Total Credits		18

Seventh Semester			Final Semester		
EDUC 1350	Ed Psychology & Measure*	3	EDUC 1481: Student Teaching 9 cr. EDUC 1482: Student Teaching Seminar 3 cr.		
EDUC 1451	Education Capstone	3	The culminating experience for all education majors is student teaching. This semester can occur in either the spring or fall term based on student circumstances. It is not unusual, due to several factors (i.e basic skills tests, required C- or better in all courses, scheduling conflicts, etc.) that education students require an extra semester to finish their degrees. Conversely, some students might transfer in numerous courses which allows them to finish in less time.		
HPEDU 0201	Individual, Team & Recreational Sports	3			
HPEDU 1336	Educ Movement Concepts	3			
HPEDU 1400	Methods of Teaching PE*	3			
ENG	Literature Elective	3			
Total Credits		18	Total Credits		12

*Denotes a course with field requirements.

Total credits for the major: 126

**Must be officially admitted to Teacher Certification Program by this time.