## Tips and Tricks for Learning Math Online

### Keep Your Study Time Consistent

It can be tempting to fit classwork into a schedule wherever it fits, but studies show consistency leads to better outcomes.

**Things to try:**
- Set aside a specific hour at least three times a week to work on your course material just as if you had to go to class.
- Consider what time of the day you feel most awake and active and schedule your designated class time around them.
- Keep a consistent sleep schedule so your energy patterns align better with your study hours.

### Rearrange Your Learning Time

Try different rearrangements of how you would have learned the content in-person.

**Things to try:**
- Do an example alongside the instructor, pausing the video often to consider the similarities and differences in the two problems.
- Watch an example done by the instructor, then pause the video to try a similar example on your own immediately before hitting play again.
- Watch and learn one example type, then complete examples and all homework questions of the same type before moving forward with the lecture material.

### Actively Watch Lecture Videos

If your instructor records their lectures, great! If they don’t use online resources to find supplemental videos and try this.

**How?**
- For a lecture example, attempt a similar example on the side as you watch the video.
- Pause the video after each step to think about it.
- Ask yourself, “Why did the instructor need that step?”
- Ask yourself, “Will all examples require this step?”
- Ask yourself, “Will my example require this step?”