

Career Exploration - MAKING THE DECISION!

along the way of assessing and exploring your career options you will be making decisions. The most important question to ask yourself is: "How will I decide to decide"? What will you use as your criteria by which you are evaluating your options and your experiences?

Some questions to consider:

- Have I fully considered and fleshed out, to the best of my ability, my interests, values and skills?
- Have I explored careers beyond the surface?
- Have I reflected on how my experiences fit my interests, values, skills?
- Have I gathered enough information to feel comfortable making a decision?
- How much information do I need to gather to make a decision?
- Have I challenged assumptions or myths that I may hold about certain careers or the career decision making process itself?
- What questions do I still have that will help me to make a decision? It may be helpful to talk over the decision making process with family, friends, faculty advisor, and/or career services.

Once you have some ideas concerning a major, there are many things that you can do to keep moving forward:

- Identify skills that are necessary in your chosen fields
- Identify academic programs and/or classes that are relevant to your career goals
- Visit your faculty advisor in your new major as soon as possible

Make the most out of you UPB experience to learn more about your field, career opportunity and to build your resume and professional network. Things to consider:

- Join a student organization related to your field
- Participate in a study abroad program
- Work with a Faculty Member on at directed research project
- Participate in an internship
- Join a professional organization related to your career
- Continue to do research in your field
- Consider advancing your education through a graduate or professional program