

# Career Exploration - MAKING THE DECISION!

---

along the way of assessing and exploring your career options you will be making decisions. The most important question to ask yourself is: "How will I decide to decide"? What will you use as your criteria by which you are evaluating your options and your experiences?

## **Some questions to consider:**

- Have I fully considered and fleshed out, to the best of my ability, my interests, values and skills?
- Have I explored careers beyond the surface?
- Have I reflected on how my experiences fit my interests, values, skills?
- Have I gathered enough information to feel comfortable making a decision?
- How much information do I need to gather to make a decision?
- Have I challenged assumptions or myths that I may hold about certain careers or the career decision making process itself?
- What questions do I still have that will help me to make a decision? It may be helpful to talk over the decision making process with family, friends, faculty advisor, and/or career services.

## **Once you have some ideas concerning a major, there are many things that you can do to keep moving forward:**

- Identify skills that are necessary in your chosen fields
- Identify academic programs and/or classes that are relevant to your career goals
- Visit your faculty advisor in your new major as soon as possible

## **Make the most out of you UPB experience to learn more about your field, career opportunity and to build your resume and professional network. Things to consider:**

- Join a student organization related to your field
- Participate in a study abroad program
- Work with a Faculty Member on a directed research project
- Participate in an internship
- Join a professional organization related to your career
- Continue to do research in your field
- Consider advancing your education through a graduate or professional program