Personal Enrichment and Recreation Classes — continued

YOUTH CAMPS!!

Immediate deadline!
Factions of Pandora and Serenity
This three-day virtual summer camp series features the final battle defending the Serenity against their ancient enemy, the Reapers! You will also hear about the Inquisition and what the implications are of the Serenity’s impending mission to the planets of the galaxy and beyond. You’ll explore your own personal stories and be a part of the Art of Living Well. In the event of unseasonable weather conditions, the event will be adapted to the location. The event will provide opportunities for: the local community, opening ceremony and bubble-tossing making the local community feel like family. The third day is the mini one-hour closing ceremony on the stage. Note: You will need a tablet, a computer, and a speaker. Additionally, participants will have access to all the facilities offered in the Richard E. and Ruth McDowell Wellness Program.

The Middle Image — Mobile Photography
"The beauty is in the pure photograph with you,” becoming a common phrase these days is the norm of our imaging smartphone services. The high-quality pictures in our universities usually bring much joy to students, faculty, and staff. Pitt-Bradford’s Mobile Photography class is taught by an experienced instructor and a local Pitt-Bradford photographer. In this class, you will develop your skills through a series of mobile photography projects. Each project will focus on a specific aspect of photography, allowing you to learn and develop your camera skills. This class is an excellent opportunity to expand your photography skills and capture your world through the lens of your smartphone.

The Bottom Image — Virtual Reality
"The future of technology is here, and you are a part of it,” becoming a common phrase these days is the norm of our virtual reality services. Pitt-Bradford’s Virtual Reality class is taught by an experienced instructor and a local Pitt-Bradford instructor. In this class, you will develop your skills through a series of virtual reality projects. Each project will focus on a specific aspect of virtual reality, allowing you to learn and develop your VR skills. This class is an excellent opportunity to expand your virtual reality skills and experience the world through the lens of your smartphone.

The University of Pittsburgh at Bradford
Continuing Education & Regional Development
300 Campus Drive
Bradford, PA 16701
p: 814-362-5078
f: 814-262-0014
w: continuingeducation.pitt.edu
www.ub.pitt.edu

Call now to register!

Remember the importance of taking care of your mental and physical health while also pursuing your academic goals. Contact us at 814-362-5078 for more information about our summer programs or continue exploring our comprehensive list of courses on our website. We look forward to seeing you soon! 
Value Stream Management - NOW - Bradford and St. Marys

This workshop will be particularly beneficial for those who have been interested in Value Stream Management. Examining your current process through the lens of Value Stream Management will help you to identify where your processes can be improved. The role of this workshop is to guide participants in the journey to achieve this goal. Participants will learn to identify process flows, utilizing the blueprints. This will enable you to better understand your current process. The workshop will focus on the following:

- Identifying process improvements
- Implementing changes
- Measuring the results

8:00 AM – 2:30 PM, $155.00
Room 200, Marilyn Horne Hall

Microsoft Office 2013 Classes - Bradford, St. Marys

Three classes will focus on Microsoft Office 2013 tools to increase productivity and efficiency. The workshops will cover a wide range of topics including:

1) Word Tools & Charts
2) Excel Macros
3) Outlook 2013

Friday, 6/14, 10:00 - Noon, Room 200, $20
Friday, 6/15, 1:00 - 3:30 PM, Room 200, $75
Friday, 6/17, 1:00 – 3:30 PM, Room 200, $75
Friday, 6/21, 1:00 – 3:30 PM, Room 200, $75
Friday, 6/28, 1:00 – 3:30 PM, Room 200, $75
Friday, 7/5, 1:00 – 3:30 PM, Room 200, $75
Room 200, Marilyn Horne Hall

Landscape Oil Painting

This session explores the techniques of oil painting in an informal, relaxed setting. It is open to anyone who wants to learn basic oil painting techniques. Participants will work in a studio environment and learn to create oil paintings.

4:00 – 6:00 PM, Thursday, 6/14, Room 107, Astor Library
Bradford

Stained Glass Mosaic Tile

Participants will learn how to create your own piece of stained glass mosaic art. You will learn the process of mixing and pouring the glass and how to design your own mosaic. You will also learn how to fire and glaze your piece.

4:00 – 6:00 PM, Friday, 6/15, Room 200, Marilyn Horne Hall

Online Shopping

In this session we will explore the difference between “antiques” and “collectibles.” You will learn how to identify the difference between the two and how to determine the value of your antiques or collectibles. You will also learn how to properly care for and maintain your antiques.

6:00 – 8:00 PM, Thursday, 6/14, Room 200, Marilyn Horne Hall

Class Date Time Location Price

- Value Stream Management: NOW - Bradford and St. Marys
- Microsoft Office 2013 Classes - Bradford, St. Marys
- Landscape Oil Painting
- Stained Glass Mosaic Tile
- Online Shopping

In this session, you will be encouraged to bring one small item you’d like to share with the group. This could be a piece of jewelry, a painting, a photograph, or any other item that you feel represents a special meaning to you. You will also have the opportunity to learn from others and share your own experiences.

Session One: Introduction to Antiques

This session will introduce participants to the world of antiques. You will learn about the history and significance of antiques and how to identify them. You will also learn how to properly care for and maintain your antiques.

Session Two: Buying and Selling Online

In this session, you will learn how to buy and sell antiques online. You will learn about the steps involved in buying and selling antiques online, including how to find reputable sellers and how to properly evaluate and price your antiques.

Session Three: Landscape Oil Painting

This session explores the techniques of oil painting in an informal, relaxed setting. It is open to anyone who wants to learn basic oil painting techniques. Participants will work in a studio environment and learn to create oil paintings.

Session Four: Stained Glass Mosaic Tile

Participants will learn how to create your own piece of stained glass mosaic art. You will learn the process of mixing and pouring the glass and how to design your own mosaic. You will also learn how to fire and glaze your piece.

Session Five: Online Shopping

In this session we will explore the difference between “antiques” and “collectibles.” You will learn how to identify the difference between the two and how to determine the value of your antiques or collectibles. You will also learn how to properly care for and maintain your antiques.

Session Six: Class Date Time Location Price

- Session One: Introduction to Antiques
- Session Two: Buying and Selling Online
- Session Three: Landscape Oil Painting
- Session Four: Stained Glass Mosaic Tile
- Session Five: Online Shopping

The Firemen’s Monument on Oak Hill. Dedicated during Old Home Week celebrations in August 1909 as a tribute to all volunteer firemen, the statue has gazed over the city for more than 100 years, surrounded by the graves of those firemen. Jim Long, in his talk “Jim Long’s Favorite Fire Stories,” will tell the surprising and unknown stories behind many of Bradford’s seemingly ordinary firefighters. Jim Long, a long-time volunteer firefighter, will share insightful and entertaining stories from his own experience in the fire service.

In the Spirit of Sacrifice and Heroism, the Civil War. As a collector of Civil War stories of his family’s participation in the war: letters home, battles fought, the capture of people and events. John Long, a Civil War enthusiast, will share insightful and entertaining stories from his own experience in the war, highlighting the sacrifices made by those who served.

Dresser’s Dream by Dean Fox, a director of both the Bradford Landmark Society and the Bradford Historical Society, will present an informative and engaging talk about the history and significance of Dresser’s Dream. You will learn about the story behind the piece and how it reflects the history of Bradford.

In this session, you will be encouraged to bring one small item you’d like to share with the group. This could be a piece of jewelry, a painting, a photograph, or any other item that you feel represents a special meaning to you. You will also have the opportunity to learn from others and share your own experiences.

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Session Six: Class Date Time Location Price

- Session One: Introduction to Antiques
- Session Two: Buying and Selling Online
- Session Three: Landscape Oil Painting
- Session Four: Stained Glass Mosaic Tile
- Session Five: Online Shopping
Value Stream Management

NEW! – Bradford and St. Marys
In this course, you will learn about the importance of understanding customer needs and how they are translated into actionable processes throughout the organization. You will also learn about the seven stages of value stream mapping, a method for improving the efficiency and effectiveness of processes by identifying and removing bottlenecks that hinder the flow of work. By the end of the course, you will be able to present a professional-looking map based on their personal interests. This course will delve into the art of fine-tuning GIS-made maps. You will build on GIS II – Intermediary Geographic Information System. You will learn proven methods to evaluate the different methods for managing operations. This session is a hands-on workshop and techniques to achieve operational excellence.

Outcomes-Based Strategic Planning

NEW! – St. Marys
In this course, you will be introduced to the process of making maps using modern GIS, or Geographic Information System, is more than geography and making maps. The focus of this session is to create a stable and aligned to the Operational Excellence Strategy. We will investigate the conflicts and techniques to achieve operational excellence.

Operational Excellence – Bradford

NEW! – Bradford and St. Marys
This course will focus on the three key issues: continuous improvement, teamwork, and problem solving throughout the organization. You will learn about the seven stages of value stream mapping, a method for improving the efficiency and effectiveness of processes by identifying and removing bottlenecks that hinder the flow of work. By the end of the course, you will be able to present a professional-looking map based on their personal interests. You will build on GIS II – Intermediary Geographic Information System. You will learn proven methods to evaluate the different methods for managing operations. This session is a hands-on workshop and techniques to achieve operational excellence.

Microsoft Office 2013 Classes – Bradford and St. Marys
Microsoft Office 2013 includes new and updated features that allow users to be more productive and efficient in their work. This course will provide hands-on training on the new features and tools available in Office 2013, including the latest version of Word, Excel, PowerPoint, and Outlook. You will learn how to create professional-looking documents and presentations, manage and share files, and collaborate with others in real-time.

Microsoft Excel

T, 9/30 1:00 – 5:00 CEC, St. Marys

Level 1 classes focus on beginners’ skills and will move at a slower pace. Level 2 classes will challenge more advanced users with more complex tasks.

Microsoft Word – Level 2

T, 9/30 12:30 – 4:30 CEC, St. Marys

This course will cover the most common features of the word processor and will show how to create professional-looking documents.

Microsoft PowerPoint – Level 2

T, 9/30 1:00 – 5:00 CEC, St. Marys

This course will cover the most common features of the presentation program and will show how to create professional-looking presentations.

Microsoft Outlook – Level 2

T, 9/30 1:00 – 5:00 CEC, St. Marys

This course will cover the most common features of the email and calendar program and will show how to create professional-looking email messages and schedules.

Microsoft Word – Level 1

T, 9/30 10:30 – 2:30 CEC, St. Marys

This course will cover the most common features of the word processor and will move at a slower pace.

Microsoft PowerPoint – Level 1

T, 9/30 10:30 – 2:30 CEC, St. Marys

This course will cover the most common features of the presentation program and will move at a slower pace.

Microsoft Outlook – Level 1

T, 9/30 10:30 – 2:30 CEC, St. Marys

This course will cover the most common features of the email and calendar program and will move at a slower pace.

Microsoft Excel

W, 10/1 8:30 – 12:30 CEC, St. Marys

This course will cover advanced features of the spreadsheet program and will focus on creating professional-looking spreadsheets.

Microsoft Word – Level 2

W, 10/1 1:00 – 5:00 CEC, St. Marys

This course will cover more advanced features of the word processor and will move at a slower pace.

Microsoft PowerPoint – Level 2

W, 10/1 1:00 – 5:00 CEC, St. Marys

This course will cover more advanced features of the presentation program and will move at a slower pace.

Microsoft Outlook – Level 2

W, 10/1 1:00 – 5:00 CEC, St. Marys

This course will cover more advanced features of the email and calendar program and will move at a slower pace.

Personal Enrichment and Recreation

Exploring Antiquities

NEW! – Bradford

Our course will investigate the different factors that contribute to the value of antiques, as well as the various types of antiques that are currently popular. This course will provide hands-on training on the new features and tools available in Office 2013, including the latest version of Word, Excel, PowerPoint, and Outlook. You will learn how to create professional-looking documents and presentations, manage and share files, and collaborate with others in real-time.

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### Personal Enrichment and Recreation

<table>
<thead>
<tr>
<th>Event</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Landscaping</strong></td>
<td>Through this class, you will learn how to plan and plant a backyard garden, including the art of choosing the right flowers and plants for your area, as well as how to create a beautiful outdoor space.</td>
</tr>
<tr>
<td><strong>Painting</strong></td>
<td>Offerings include acrylic painting classes, oil painting classes, and watercolor painting classes, all aimed at helping students to develop their artistic skills and create beautiful masterpieces.</td>
</tr>
<tr>
<td><strong>Dance</strong></td>
<td>A variety of dance classes are offered, including ballet, jazz, hip-hop, and contemporary dance, all designed to improve students' physical fitness and expressiveness.</td>
</tr>
<tr>
<td><strong>Cooking Classes</strong></td>
<td>Classes in gourmet cooking, healthy eating, and international cuisine, all aimed at teaching students how to create delicious and nutritious meals.</td>
</tr>
</tbody>
</table>

### Office 2013 Classes - Bradford and St. Marys

<table>
<thead>
<tr>
<th>Class</th>
<th>Date</th>
<th>Time</th>
<th>Location</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Microsoft Office 2013 Basics</td>
<td>5/14</td>
<td>1:00 – 4:00</td>
<td>Room 200, Marilyn Horne Hall</td>
<td>$49</td>
</tr>
<tr>
<td>Microsoft Office 2013 Advanced</td>
<td>5/15</td>
<td>1:00 – 4:00</td>
<td>Room 200, Marilyn Horne Hall</td>
<td>$74</td>
</tr>
<tr>
<td>Microsoft Office 2013 Power Tips</td>
<td>5/16</td>
<td>1:00 – 4:00</td>
<td>Room 200, Marilyn Horne Hall</td>
<td>$49</td>
</tr>
</tbody>
</table>

### Operational Excellence - Bradford

<table>
<thead>
<tr>
<th>Topic</th>
<th>Date</th>
<th>Time</th>
<th>Location</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Value Stream Management - Introduction</td>
<td>5/8 – 5/10</td>
<td>8:30 – 11:30</td>
<td>Room 200, Marilyn Horne Hall</td>
<td>$179</td>
</tr>
<tr>
<td>Value Stream Management - Advanced</td>
<td>5/11</td>
<td>8:30 – 11:30</td>
<td>Room 200, Marilyn Horne Hall</td>
<td>$299</td>
</tr>
<tr>
<td>Value Stream Management - Power Tips</td>
<td>5/12</td>
<td>1:00 – 4:00</td>
<td>Room 200, Marilyn Horne Hall</td>
<td>$49</td>
</tr>
</tbody>
</table>

### Water homemade tea

<table>
<thead>
<tr>
<th>Session</th>
<th>Date</th>
<th>Time</th>
<th>Location</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Level Up Workshop - Microsoft Word Advanced</td>
<td>5/14</td>
<td>1:00 – 4:00</td>
<td>Room 200, Marilyn Horne Hall</td>
<td>$49</td>
</tr>
<tr>
<td>Level Up Workshop - Microsoft Excel Advanced</td>
<td>5/15</td>
<td>1:00 – 4:00</td>
<td>Room 200, Marilyn Horne Hall</td>
<td>$49</td>
</tr>
<tr>
<td>Level Up Workshop - Microsoft Outlook Advanced</td>
<td>5/16</td>
<td>1:00 – 4:00</td>
<td>Room 200, Marilyn Horne Hall</td>
<td>$49</td>
</tr>
</tbody>
</table>

### Feedback: Giving and Accepting – Warren and Coudersport

- Session I: Introduction to Giving and Accepting: Understanding the importance of providing constructive feedback and how to do so effectively.
- Session II: Advanced Feedback: Building on the basics, participants will learn how to provide feedback that is specific, helpful, and timely.

### Service Learning - Bradford

- **Salsa/Charleston – S. America**
  - Date: 5/14
  - Time: 6:00 – 8:00 PM
  - Location: Room 200, Marilyn Horne Hall
  - Price: $49

- **Landscape Oil Painting**
  - Date: 5/15
  - Time: 6:00 – 8:00 PM
  - Location: Room 200, Marilyn Horne Hall
  - Price: $49

- **Creative Writing**
  - Date: 5/16
  - Time: 6:00 – 8:00 PM
  - Location: Room 200, Marilyn Horne Hall
  - Price: $49

- **Yoga with Kathy**
  - Date: 5/17
  - Time: 6:00 – 8:00 PM
  - Location: Room 200, Marilyn Horne Hall
  - Price: $49

- **Mosaic Mosaic Mosaic**
  - Date: 5/18
  - Time: 6:00 – 8:00 PM
  - Location: Room 200, Marilyn Horne Hall
  - Price: $49

### Level Up Workshop - Microsoft Excel Advanced

- **Microsoft Office 2013 Classes**
  - **Microsoft Word 2013**
    - Date: 6/2
    - Time: 1:00 – 4:00 PM
    - Location: Room 200, Marilyn Horne Hall
    - Price: $49
  - **Microsoft Excel 2013**
    - Date: 6/3
    - Time: 1:00 – 4:00 PM
    - Location: Room 200, Marilyn Horne Hall
    - Price: $49

### Intro to Video Game Programming

- **Class**
  - **Microsoft Office 2013 Classes**
    - **Microsoft Word 2013**
      - Date: 6/4
      - Time: 1:00 – 4:00 PM
      - Location: Room 200, Marilyn Horne Hall
      - Price: $49
    - **Microsoft Excel 2013**
      - Date: 6/5
      - Time: 1:00 – 4:00 PM
      - Location: Room 200, Marilyn Horne Hall
      - Price: $49

### Stained Glass Mosaic Tile

- **Class**
  - **Microsoft Office 2013 Classes**
    - **Microsoft Word 2013**
      - Date: 6/6
      - Time: 1:00 – 4:00 PM
      - Location: Room 200, Marilyn Horne Hall
      - Price: $49
    - **Microsoft Excel 2013**
      - Date: 6/7
      - Time: 1:00 – 4:00 PM
      - Location: Room 200, Marilyn Horne Hall
      - Price: $49

### Feedback: Giving and Accepting – Warren and Coudersport

- **Session I: Introduction to Giving and Accepting**
  - Date: 5/23
  - Time: 8:30 – Noon

- **Session II: Advanced Feedback**
  - Date: 5/24
  - Time: 1:00 – 4:00 PM

### Service Learning - Bradford

- **Salsa/Charleston – S. America**
  - Date: 5/14
  - Time: 6:00 – 8:00 PM
  - Location: Room 200, Marilyn Horne Hall
  - Price: $49

- **Landscape Oil Painting**
  - Date: 5/15
  - Time: 6:00 – 8:00 PM
  - Location: Room 200, Marilyn Horne Hall
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- **Creative Writing**
  - Date: 5/16
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  - Time: 6:00 – 8:00 PM
  - Location: Room 200, Marilyn Horne Hall
  - Price: $49

- **Mosaic Mosaic Mosaic**
  - Date: 5/18
  - Time: 6:00 – 8:00 PM
  - Location: Room 200, Marilyn Horne Hall
  - Price: $49

### Level Up Workshop - Microsoft Excel Advanced

- **Microsoft Office 2013 Classes**
  - **Microsoft Word 2013**
    - Date: 6/2
    - Time: 1:00 – 4:00 PM
    - Location: Room 200, Marilyn Horne Hall
    - Price: $49
  - **Microsoft Excel 2013**
    - Date: 6/3
    - Time: 1:00 – 4:00 PM
    - Location: Room 200, Marilyn Horne Hall
    - Price: $49

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- **Class**
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    - **Microsoft Word 2013**
      - Date: 6/4
      - Time: 1:00 – 4:00 PM
      - Location: Room 200, Marilyn Horne Hall
      - Price: $49
    - **Microsoft Excel 2013**
      - Date: 6/5
      - Time: 1:00 – 4:00 PM
      - Location: Room 200, Marilyn Horne Hall
      - Price: $49

### Stained Glass Mosaic Tile

- **Class**
  - **Microsoft Office 2013 Classes**
    - **Microsoft Word 2013**
      - Date: 6/6
      - Time: 1:00 – 4:00 PM
      - Location: Room 200, Marilyn Horne Hall
      - Price: $49
    - **Microsoft Excel 2013**
      - Date: 6/7
      - Time: 1:00 – 4:00 PM
      - Location: Room 200, Marilyn Horne Hall
      - Price: $49
Summer Term, 5/7 – 8/31
$110 per participant
Sport and Fitness Center. This program is open only to participants 18 and older. All Wellness Program
Friday, 6/29, 8 AM – Sunday, 7/1, 11 AM, $250 per person
Continuing Education at 814-362-5078.
air-conditioned rooms. For a full R3 Yoga Retreat itinerary contact Pitt-Bradford
workshops and activities, breakfast and lunch on Friday and Saturday, and breakfast
enjoy a massage, take a walk undisturbed in
meditation, Ayurveda and massage therapy,
States. You will also learn about Tai Chi,
This three-day retreat will include sessions
Relax, Rejuvenate and Revitalize
R3 YOGA RETREAT
Pitt-Bradford Campus
Frame Westerberg Commons
Mukaiyama University Room
Room 236, Swarts Hall
Room 158, McDowell Sport and Fitness Center
Room 105A, Fisher Hall
Marilyn Horne Hall, 5th Floor Ballroom
Ages 10-16
Photography 101
Ages 10-16
Acrylic Paint Fun
M – W, 7/23 – 7/25, 8:30 AM – Noon
Grades 2-6
X-Treme Science Camp
T – TH, 8/7 – 8/9, 1:30 – 5 PM
completed grades 4, 5, or 6
Session II: for students who
Ages 10 – 15
ArtXperience
T – TH, 8/7 – 8/9, 8:30 AM – Noon
Grades 2-6
Earth Keepers
Ages 10-14
SuperGirl Leadership Experience
M – W, 7/23 – 7/25, 8:30 AM – Noon
Grades 2-6
Our Wild and Crazy Earth
Grades 1, 2, or 3
Ways to Experience the Earth
Room 208, Fisher Hall
Ages 10-15
ArtXperience
M – W, 7/9 – 7/11, 9 AM – Noon
Grades 4, 5, or 6
Earth Keepers
T – TH, 6/11 – 6/14, 1:30 – 4 PM
Ages 10-14
Earth Keepers
M – TH, 6/25 – 6/28, 8:30 – Noon
Grades 4-6
SuperGirl Leadership Experience
M – W, 8/7 – 8/9, 8:30 AM – Noon
Grades 2-6
Earth Keepers
Ages 10-14
SuperGirl Leadership Experience
M – W, 8/7 – 8/9, 1:30 – 5 PM
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SuperGirl Leadership Experience
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SuperGirl Leadership Experience
Ages 10-14
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Earth Keepers
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Earth Keepers
Ages 10-14
SuperGirl Leadership Experience
Ages 10-14
SuperGirl Leadership Experience
Personal Enrichment and Recreation Classes — continued

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<table>
<thead>
<tr>
<th>Program</th>
<th>Age Range</th>
<th>Dates</th>
<th>Time</th>
<th>Location</th>
<th>Cost</th>
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</thead>
<tbody>
<tr>
<td>Groovy Gloucester</td>
<td>5-12</td>
<td>Mon-Fri, 8/6 – 8/10, 8:30 AM – Noon</td>
<td>$175</td>
<td>Unionmade Dining Room</td>
<td></td>
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<tr>
<td>Mini Mammal</td>
<td>3-5, 6-8</td>
<td>Mon-Fri, 8/6 – 8/10, 8:30 AM – Noon</td>
<td>$175</td>
<td>Unionmade Dining Room</td>
<td></td>
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<tr>
<td>Mini Mammal</td>
<td>3-5, 6-8</td>
<td>Mon-Tue, 8/13 – 8/17, 9 AM – Noon</td>
<td>$175</td>
<td>Unionmade Dining Room</td>
<td></td>
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<tr>
<td>Miniball</td>
<td>3-5, 6-8</td>
<td>Mon-Fri, 8/6 – 8/10, 8:30 AM – Noon</td>
<td>$175</td>
<td>Unionmade Dining Room</td>
<td></td>
</tr>
<tr>
<td>Miniball</td>
<td>3-5, 6-8</td>
<td>Mon-Fri, 8/13 – 8/17, 9 AM – Noon</td>
<td>$175</td>
<td>Unionmade Dining Room</td>
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</table>

**DISCOUNT: REGISTER FOR ONE CAMP AND RECEIVE $10 OFF EACH ADDITIONAL CAMP FOR EACH CHILD.**

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This two-day workshop will be held at the Kinzua Bridge State Park. This workshop will improve your understanding of the world of mobile photography. Photographers will learn the techniques and tools available to produce stunning mobile photographs.

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