### Quick Guide to Helping Students at the University of Pittsburgh-Bradford

#### STUDENT NEEDS

**HELP WITH:**
- Undeclared student advising
- Academic curriculum and planning
- Changing a major
- Course selection when faculty advisor is not available
- Student experiencing academic difficulty

**HELP WITH:**
- Study skills
- Time management
- Goal-setting
- Critical-thinking
- Peer tutoring

**HELP WITH:**
- An emergency, crime or accident
- Parking permit
- Parking fee
- Parking rules and regulations

**HELP WITH:**
- Major/career exploration
- Resume writing
- Internship opportunities
- Job search strategies
- Job opportunities

**HELP WITH:**
- Family issues
- Stress management
- Test anxiety
- Relationship issues
- Mental health issues
- Depression
- Grief related issues
- Substance abuse

**HELP WITH:**
- On-campus computer network (RESNET)
- On-campus voice mail
- Wireless issues
- Computer issues

**HELP WITH:**
- Disability documentation
- Disability testing
- Disability accommodations
- Academic coaching
- Temporary medical conditions

**HELP WITH:**
- Study Abroad opportunities
- International student issues
- Scholarship and travel awards

#### OFFICE/DEPARTMENT

**ACADEMIC ADVISING CENTER**
218 Hanley Library
2-7645
http://www.upb.pitt.edu/AdvisingCenter.aspx

**ACADEMIC COACHING & TUTORING CENTER**
224B Hanley Library
http://www.upb.pitt.edu/asc.aspx

**CAMPUS POLICE AND SAFETY**
Campus Police Building
368-3211  Emergency: 10333
http://www.upb.pitt.edu/campuspolice.aspx

**CAREER SERVICES**
220 Frame-Westerberg Commons
2-7651
http://www.upb.pitt.edu/career.aspx

**COUNSELING SERVICES**
226 Frame-Westerberg Commons
2-5272
http://www.upb.pitt.edu/counselingservices.aspx

**COMPUTING, TELECOMMUNICATION AND MEDIA SERVICES**
112 Fisher Hall
2-7660
upbhlp@upb.pitt.edu

**DISABILITY RESOURCES AND SERVICES**
202 Hanley Library
2-7609
http://www.upb.pitt.edu/drs.aspx

**INTERNATIONAL STUDIES OFFICE**
232 Swarts Hall
2-7623
http://www.upb.pitt.edu/issa/study-abroad.html
### STUDENT NEEDS

**HELP WITH:**
- Academic curriculum
- Directed research projects
- Advisor hold
- Substitution/waiver
- Job outlook for major
- Graduate/professional school options
- Minors and/or double majors
- Internships

**HELP WITH:**
- Research methods
- Interlibrary loans
- Study rooms
- Journals, publications and articles

**HELP WITH:**
- Physical health issues
- First aid needs
- Immunization holds
- Counseling to quit tobacco use

**HELP WITH:**
- Academic records
- Graduation application
- Transcripts
- Veteran services
- Registration
- Academic records
- Change of name/address
- Student services holds
- Billing and payment plan options
- Tuition and fees

**HELP WITH:**
- Roommate conflicts
- Residence hall neighbors
- Residence hall comfort and maintenance

**HELP WITH:**
- Clubs and organizations
- Leadership opportunities and development
- Campus events
- Socialization

### DEPARTMENT/OFFICE

**FACULTY ADVISOR**

**HANLEY LIBRARY**
- 2-7615
- http://www.library.pitt.edu/brad/about.html

**HEALTH SERVICES**
- 226 Frame-Westerberg Commons
- 2-5272
- http://www.upb.pitt.edu/healthservices.aspx

**OFFICE OF THE REGISTRAR AND STUDENT ACCOUNTS**
- Hangar Building
- 2-7602
- http://www.upb.pitt.edu/accounts.aspx

**RESIDENTIAL LIFE & HOUSING**
- 211 Frame-Westerberg Commons
- 2-7630
- http://www.upb.pitt.edu/residencelife.aspx

**STUDENT ACTIVITIES OFFICE**
- 206 Frame-Westerberg Commons
- 2-7593
- http://www.upb.pitt.edu/studentlife.aspx

**TRIO STUDENT SUPPORT SERVICES**
- (Students must be a Trio SSS participant to receive services)
- 231 Hanley Library
- 2-7548
- www.upb.pitt.edu/triosss.aspx

**WRITING CENTER**
- 206 Hanley Library
- 2-7593
- http://www.upb.pitt.edu/studentlife.aspx

### TRIO STUDENTS HELP WITH:
- Identifying academic strengths and needs
- Study and Test taking skills
- Organization skills
- Critical thinking skills
- Goal setting for academics and career

**HELP WITH:**
- Essay Writing
- Capstone Writing Project
- Overall Writing Skills