The holidays are quickly approaching and buses will be departing from Pitt-Bradford’s campus on November 21st, from the Frame-Westerberg Commons at 10:30 am. These buses will arrive in Pittsburgh where students will connect on another bus to reach their destination. On November 26th, returning buses will arrive in Pittsburgh at 6pm. It seems like yesterday, you dropped your student off at Pitt-Bradford. Fast forward a few months later and we are on Thanksgiving Recess. While living on campus, students have developed a sense of independence in and out of the classroom. This may be an adjustment for parents or caretakers to witness their loved one waking up at noon, eating pizza for breakfast and cereal for dinner, or just being out all night. Here are suggestions to help ease the transition during these upcoming weeks.

• Before your student comes home, find out what he or she is doing differently with this newfound independence.
• Discuss expectations for the holiday break...how to spend time with your family or friends from high school?
• Everyone should be flexible to each other’s concerns and make compromises as needed.
• Finally enjoy the time you have with each other because your presence is a present.

Happy Thanksgiving from the Academic Advising Center